Summer safety



TSgt. Kevin Fecteau checks his safety equipment before taking his motorcycle for a ride.



Tips to keep se

The 48th Fighter Wing safety office will hold Safety Day May 16 at Hangar 6 from 8-10 a.m. Briefings will be given by officials from safety, military public health, the fire department, security police and communications. Various units will have booths and displays.

Motorcycle safety

- ☐ Conduct a risk assessment before performing any maneuver. Include not just the risks involved with your machine and your limitations, but also limitations of the road and other road users. Complacency is your enemy. Remember you can lower your risks without lowering your enjoyment.
- ☐ Check your machine each time before you ride.
 - ☐ If you ride to live, you'll live to ride.
- ☐ See and be seen is the most important part of your riding strategy.
 - ☐ Never underestimate other road users.
- ☐ Before you perform any maneuver or position change, do a life saver (look over the shoulder) in the direction you will be turning to or moving to.
- ☐ Never feel like you can't learn anything more. Seek out new training opportunities.
- ☐ Plan ahead. Be in the lane position you want to be in before you reach a hazard. Otherwise, it may turn into a real danger.
- ☐ Be alert! Concentrate on the task at hand, not your destination!
 - ☐ Showing off today may bury you tomor-





A student is pulled to safety during the lifeguard training class at the base swimming pool. Water safety courses are offered at the pool throughout the year. The next course, a water safety instructor course, begins May 13. For more information, call Ext. 2815.

On the cover

Liberty Wing people have started to enjoy the summer weather. Clockwise from top left, Joy Maddox swims at the base swimming pool; SrA. Dennis Teegardin cooks on his gas grill; TSgt. Kevin Fecteau rides his motorcycle on base; and Samantha Stones prepares mow her lawn.

Cover photos by TSgt. Sam Shore

Photo by SrA. Jeff Capenos

asonal activities safe for Liberty Wing people

row.

- ☐ Don't wait for the wear bars to show on your tires. Two millimeters is the suggested minimum amount of tire tread depth although the legal amount is 1 mm.
- ☐ Dress to ditch. Uneven rural roads have no shoulders and uncertain surface conditions
- ☐ Passing is the number-one killer at Lakenheath. Slow down and obey traffic laws.

Picnic safety

- ☐ Keep hot food hot.
- ☐ Keep cold food cold.
- ☐ Cook food thoroughly.
- ☐ Clean all surfaces after they have been in contact with raw foods.

Yard safety

- ☐ Wear sturdy shoes.
- ☐ Wear long pants when mowing or weed whacking.
- ☐ Make sure to use the proper fuel mixture and maintenance for lawn mowers.
- ☐ Watch out for large debris, rocks, logs and bark pieces.
- Remove all toys and other items from the vard.
- ☐ If you have a sloped yard, never mow it when it is wet.
- ☐ Protect yourself from the sun wear a hat and sunscreen.

Barbecues

- ☐ Use proper lighting procedures for either gas or charcoal grills.
- ☐ Properly store lighter fluid, matches and lighting sticks.
 - ☐ Never leave a barbecue unattended.
- ☐ Never place a barbecue next to a fence or a house.
- ☐ If you have a gas grill and it doesn't light on the first or second try, allow the fumes to dissipate before trying again.

Swimming safety

- ☐ Never swim alone.
- ☐ Only swim in approved locations.
- ☐ Watch for rip tides.
- ☐ Never dive into shallow water.
- ☐ Cliff diving is deadly. You never know what is under the water's surface.
 - ☐ Do not swim directly after eating.
 - ☐ Be courteous to other swimmers.
 - ☐ Never let children swim unsupervised.
 - ☐ Don't drink and swim.

Boating safety

- ☐ Know the rules of the water way.
- ☐ Wear personal floatation devices.
- ☐ Don't drink when boating you can get a DUI while operating a boat.
- ☐ Always use a down flag when waterskiing. A down flag is a red or orange flag a

spotter uses to signal when skiers are in the water.

Pedestrian

- ☐ If a crosswalk is available, use it.
- ☐ Before crossing, look right-left-right. Vehicles approach from the opposite lane than in the states.
- ☐ Ensure drivers are stopped before you
- ☐ Listen for sounds of approaching vehicles. Don't wear headphones they may impair senses.
 - ☐ Walk directly across the street.
- ☐ Remain just beyond the curb or in grassy areas if no curb exists. This will keep you out of the line of traffic.

(Information provided by the 48th Fighter Wing safety office.)

